

BURNOUT & RENEWAL *with Jeremy Pate*

LESSON 3 ELIJAH'S BURNOUT

1. In what ways does Elijah's experience (as seen in this lesson) give you perspective? Discuss and explain.
2. What has been your approach to the recent "isolation" that we have experienced?
3. How has your approach directed/shaped your life experiences recently?
4. In what ways can you (and your family) "prepare," spiritually, during this time of isolation?
5. Does God have a purpose for your life, even during a time like this? What is the best way to fulfill that purpose? What is a surefire way to NOT fulfill that purpose?
6. Have you been guilty of assuming things about how/when God is going to work in the situation that our world is facing? Why/how does this set us up for burnout? How can/should we view it differently?
7. Is it possible that you could be setting yourself up for disappointment/burnout/bitterness, based on how you are approaching our current global crisis?
8. Find/share as many encouraging passages of Scripture as you can.
9. If you didn't know "the rest of the story," what would be your predictions for how God might respond to Elijah's "burnout"? Discuss.
10. Pray that God will fill you with faith, trust, patience, and humility during this time. Pray that He will work on your "inner man," and that you will entrust your "outer man" to Him!